Abstract. The aim of the present study was to investigate the expression of epithelial mesenchymal transition (EMT)-associated proteins and their prognostic value in intrahepatic cholangiocarcinoma (ICC). The expression of six EMT-associated proteins, including E-cadherin, N-cadherin, Vimentin, Snail family transcriptional repressor 1 (Snail), Snail family transcriptional repressor 2 (Slug) and S100 calcium binding protein A4 (S100A4) was determined by immunohistochemistry in 109 patients with ICC who had received surgery. Survival analysis showed that patients with low E-cadherin expression (P<0.001) or high S100A4 (P<0.001) or Snail (P<0.001) expression had a reduced survival time. Based on the numbers of alterations in the expression of EMT-associated proteins as determined by immunohistochemical analysis, the patients were categorized as low (score, 0-3; n=75) or high (score, ≥4; n=34) EMT expression groups. The high EMT expression group was significantly associated with positive lymph node metastasis (P=0.023) and late Tumor-Node-Metastasis (TNM) stage (P<0.001). Furthermore, patients in the high EMT expression group had a significantly poorer overall survival time than those in the low EMT expression group (P<0.001). Multivariate analysis indicated that EMT status was a significant independent predictor for overall survival time (P=0.004), and was linked to surgical margin (P=0.013) and TNM stage (P<0.001). In conclusion, the reduced expression of E-cadherin and high expression of Snail and S100A4 were significantly associated with the poor survival of patients with ICC after surgery. The EMT protein expression status was associated with ICC progression, and may be considered as an independent prognostic indicator for patients with ICC.

Introduction

Intrahepatic cholangiocarcinoma (ICC) is the second most common primary liver cancer diagnosed worldwide (1-3). In the past decades, the incidence of ICC has been rising worldwide, including Europe, North America, Asia, Japan and Australia (4). In a 30-year period the incidence of ICC increased 165% in the United States to 0.95 cases per 100,000 (4). Despite the continuous development of therapeutic options, including surgery, chemotherapy and radiotherapy, the prognosis for ICC remains poor (5). The molecular mechanisms underlying the invasion and metastasis of ICC remain unclear. Identifying these mechanisms, and therefore, novel molecular biomarkers, is crucial for early disease detection, prognostic evaluation and the development novel treatment strategies for ICC.

The epithelial-mesenchymal transition (EMT), a series of events during which epithelial cells lose many of their epithelial characteristics to gain a mesenchymal phenotype, is a pivotal mechanism in tumor progression and metastasis (6,7). The hallmark of EMT comprises the downregulation of epithelial molecules, such as E-cadherin, Keratin 19 and mucin-1, cell surface associated, and the upregulation of mesenchymal molecules, including Vimentin, S100 calcium binding protein A4 (S100A4), N-cadherin, fibronectin and β-catenin (7-9). A number of transcription factors, including Snail family transcriptional repressor 1 (Snail), Snail family transcriptional repressor 2 (Slug), Twist family BHLH transcription factor (Twist), Zinc finger E-box binding homeobox 1 (Zeb1) and Zeb2, are also known to serve a central role in the activation of EMT (8-10). The process has been associated with tumor invasion, metastasis and a poor prognosis in various types of gastrointestinal tumor, including esophageal, gastric, colorectal and hepatic carcinomas (11-14).

Numerous EMT-associated proteins have been suggested to be associated with tumor progression in ICC (15-19). However, to the best of our knowledge, no previous study has been performed to evaluate the EMT process in ICC through the measurement of a large number of EMT-associated markers.

In the present study, the association between the expression of six representative EMT-associated proteins, including...
Materials and methods

Patients. A panel of 109 surgical ICC tissue specimens was obtained from patients undergoing curative resection at the Shandong Provincial Hospital Affiliated to Shandong University (Jinan, China) between January 2010 and December 2015. Clinicopathological parameters, including age, sex, tumor size, histological differentiation, surgical margin, lymph node metastasis and Tumor-Node-Metastasis (TNM) stage (20), were obtained by reviewing clinical and pathological records (Table I). The patients included 60 males and 49 females (mean, 57.4 years; range, 39-75 years); all patients were followed-up. The follow-up period ranged from 5-73 months (mean, 26.3 months). None of the patients received neoadjuvant chemotherapy, radiotherapy or immunotherapy prior to surgery. The tumor stage was diagnosed by two certified pathologists of Shandong Provincial Hospital Affiliated to Shandong University, according to the TNM classification of the Union for International Cancer Control (20). The study was approved by the Institutional Ethics Committee of Shandong Provincial Hospital Affiliated to Shandong University (Jinan, China) between January 2010 and December 2015. Clinical follow-up was performed until death or until December 2015. A total of 67 patients (61.5%) succumbed to ICC. In terms of epithelial markers, the survival time for patients with tumors with low expression of E-cadherin was significantly lower than the rate for patients with high expression of E-cadherin (P<0.001). In terms of mesenchymal markers and transcription factors, increased expression of S100A4 (P<0.001) and Snail (P<0.001) was associated with a lower survival rate compared with the low expression of these proteins.

Immunohistochemistry. Briefly, 4 µm thick sections of the 4% formalin-fixed, paraffin-embedded surgical specimens were baked at 60°C for at least 2 h, and then were dewaxed in xylene and rehydrated using a descending alcohol series (100% for 5 min, 85% for 5 min, 75% for 5 min, distilled water). They were placed in a glass container filled with 10 mmol/l citrate buffer (pH 6.0) and heated in a microwave for 15 min for antigen retrieval. Endogenous peroxidase activity was blocked by incubation in 3% H2O2 at room temperature for 5 min, 85% for 5 min, 75% for 5 min, distilled water). The sections were then incubated overnight at 4°C with primary antibodies, including: Rabbit anti-E-cadherin (cat. no., ab40772; 1:200; Abcam), anti-N-cadherin (cat. no., ab76011; 1:200; Abcam), anti-vimentin (cat. no., ab92547; 1:200; Abcam), anti-S100A4 (cat. no., ab124805; 1:200; Abcam), anti-Snail (cat. no., 13099-1-AP; 1:100; ProteinTech Group, Inc.) or anti-Slug (cat. no., 12129-1-AP; 1:100; ProteinTech Group, Inc.). The sections were then treated with HRP-labelled universal secondary antibody (cat. no., K5007; Dako) for 30 min at 37°C. Slides were washed with PBS in triplicate and 3,3′-diaminobenzidine solution was added for 2-3 min at room temperature, which was incubated until the desired staining was achieved. The sections were counterstained with hematoxylin for 3-5 min at room temperature, and then dehydrated and mounted. The slides were observed using a light microscope (magnification, x400).

Evaluation of immunohistochemical staining. The degree of immunostaining of the sections was blindly evaluated semi-quantitatively by two pathologists of Shandong Provincial Hospital Affiliated to Shandong University, unaware of any clinical information. For each section, five high-power fields using light microscope (magnification, x400) were randomly selected. For the evaluation of E-cadherin expression, staining within the membrane was considered as positive immunostaining. For evaluation of N-cadherin, Vimentin, Snail, Slug and S100A4 expression, staining in the cytoplasm and/or the nucleus was considered positive immunostaining. The expression of E-cadherin was considered low if the tumor cells exhibited weaker staining patterns than the normal epithelium, or when no staining was observed. The staining of N-cadherin, Vimentin, Slug and S100A4 were evaluated on the basis of staining intensity and the proportion of positive cells. The tissue sections were scored based on the percentage of immunostained cells as follows: 0, <5; 1, 5-25; 2, 26-50 and 3, >51%. Sections were also scored on the basis of staining intensity: 0, negative; 1, weak; 2, moderate and 3, strong (21). A final score was obtained by multiplying the intensity and percentage scores. Tumors were divided into low (total score of 0-2) and high (a total score of >2) expression groups.

Statistical analysis. The associations between alterations in the expression of EMT proteins and clinicopathological variables were examined by a χ2 test. Survival curves were produced using the Kaplan-Meier method and compared with the log-rank test. Univariate and multivariate analyses were performed to identify independent prognostic factors using the Cox proportional hazards regression model. P≤0.05 was considered to indicate a statistically significant difference. All statistical analyses were performed using SPSS 17.0 software (SPSS Inc., Chicago, IL, USA).

Results

Expression of EMT-associated proteins in primary ICC. Fig. 1 shows representative images of immunohistochemical staining for the EMT-associated proteins in the tumor tissue samples. Low E-cadherin expression was observed in 63 (57.8%) of the samples. Regarding the mesenchymal markers and transcription factors, 39 (35.8%) of the samples exhibited high Vimentin, 42 (38.5%) exhibited high S100A4 expression; 35 (32.1%), 38 (34.9%) and 27 (24.8%) samples revealed upregulated N-cadherin, Snail and Slug protein expression, respectively.

Association between EMT-associated protein expression and patient survival time. The log-rank test was used to identify the differences in patient survival time with respect to the expression of the six EMT-associated proteins (Fig. 2). During the follow-up period, a total of 67 (61.5%) of the patients succumbed to ICC. In terms of epithelial markers, the survival time for patients with tumors with low expression of E-cadherin was significantly lower than the rate for patients with high expression of E-cadherin (P<0.001). In terms of mesenchymal markers and transcription factors, increased expression of S100A4 (P<0.001) and Snail (P<0.001) was associated with a lower survival rate compared with the low expression of these proteins.
expression group. However, there were no significant differences in survival time between the high and low expression groups with respect to N-cadherin (P=0.066), Slug (P=0.956) and Vimentin (P=0.430) expression.

**Association between EMT status and the survival of patients.** According to the number of downregulated epithelial proteins and upregulated mesenchymal and transcription proteins in each patient, the EMT status of patients was categorized into 2 groups: i) Group 1: (low EMT expression, score, 0-3; n=75), with the alteration number of ≤3; ii) Group 2: (high EMT expression, score, ≥4; n=34), with the alteration number of ≥4).

The characteristics of the patients from each group are outlined in Table I. χ² analysis showed that patients with high EMT expression exhibited a significantly greater likelihood of lymph node metastasis (P=0.023) and a higher TNM stage (P<0.001).

The cumulative survival rates at 1, 2 and 5 years were 61.8, 25.2 and 3.2%, respectively, in the high EMT expression group, whereas they were 88.0, 74.1 and 31.5% in the low EMT expression group. The survival rate for patients with high EMT expression was significantly lower than that in patients with low EMT expression (P<0.001; Fig. 3).

Univariate and multivariate analysis were performed to identify independent prognostic factors by using the Cox proportional hazards regression model. Univariate analysis demonstrated that the significant prognostic factors included EMT status (P<0.001), lymph node metastasis (P=0.025), vascular invasion (P=0.027), surgical margin (P<0.001) and TNM stage (P<0.001). The above five significant factors were analyzed by multivariate analysis and it was indicated

Table I. Association between EMT status and clinicopathological features in patients with intrahepatic cholangiocarcinoma.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Cases (n=109)</th>
<th>Group 1 (low EMT expression, n=75)</th>
<th>Group 2 (high EMT expression, n=34)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>60</td>
<td>41</td>
<td>19</td>
<td>0.906</td>
</tr>
<tr>
<td>Female</td>
<td>49</td>
<td>34</td>
<td>15</td>
<td>0.826</td>
</tr>
<tr>
<td>Age (years)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤60</td>
<td>56</td>
<td>38</td>
<td>18</td>
<td></td>
</tr>
<tr>
<td>&gt;60</td>
<td>53</td>
<td>37</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>Tumor size (cm)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤4</td>
<td>47</td>
<td>33</td>
<td>14</td>
<td>0.783</td>
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<tr>
<td>&gt;4</td>
<td>62</td>
<td>42</td>
<td>20</td>
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</tr>
<tr>
<td>Macroscopic types</td>
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<td></td>
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<tr>
<td>Mass-forming type</td>
<td>74</td>
<td>52</td>
<td>22</td>
<td>0.632</td>
</tr>
<tr>
<td>Non-mass-forming type</td>
<td>35</td>
<td>23</td>
<td>12</td>
<td></td>
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<tr>
<td>Histological differentiation</td>
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<td></td>
</tr>
<tr>
<td>Well/moderate</td>
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<td>49</td>
<td>20</td>
<td>0.514</td>
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<tr>
<td>Poor/undifferentiated</td>
<td>40</td>
<td>26</td>
<td>14</td>
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<td>Surgical margin</td>
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<td></td>
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<td></td>
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<tr>
<td>Positive</td>
<td>28</td>
<td>17</td>
<td>11</td>
<td>0.284</td>
</tr>
<tr>
<td>Negative</td>
<td>81</td>
<td>58</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>Vascular invasion</td>
<td></td>
<td></td>
<td></td>
<td>0.619</td>
</tr>
<tr>
<td>Positive</td>
<td>38</td>
<td>25</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>77</td>
<td>50</td>
<td>21</td>
<td></td>
</tr>
<tr>
<td>Lymph node metastasis</td>
<td></td>
<td></td>
<td></td>
<td>0.023&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>Positive</td>
<td>32</td>
<td>17</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>77</td>
<td>58</td>
<td>19</td>
<td></td>
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<tr>
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<tr>
<td>T1+T2</td>
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<td>45</td>
<td>21</td>
<td></td>
</tr>
<tr>
<td>T3+T4</td>
<td>43</td>
<td>30</td>
<td>13</td>
<td></td>
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<tr>
<td>TNM stage (17)</td>
<td></td>
<td></td>
<td></td>
<td>&lt;0.001&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>I+II</td>
<td>61</td>
<td>52</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>III+IV</td>
<td>48</td>
<td>23</td>
<td>25</td>
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</tbody>
</table>

<sup>a</sup>P<0.05 low EMT expression vs. high EMT expression. EMT, epithelial mesenchymal transition; TNM, Tumor-Node-Metastasis.
that EMT status (P=0.004), surgical margin (P=0.013) and TNM stage (P<0.001) were independent prognostic factors for overall survival rate (Table II).

Discussion

EMT serves a crucial role in cancer invasion, metastasis and progression (6,7). Although numerous EMT-associated markers have been reported to be effective prognostic factors for patients who have undergone curative resection in many types of digestive tumours, including esophageal, gastric, colorectal and hepatic carcinomas (11-14), few studies have focused on the expression and prognostic value of EMT markers in ICC (15-19). Therefore, further investigation into the prognostic value and clinical significance of EMT in ICC is required. In the present study, the expression of six EMT-associated proteins was analyzed in a relatively large cohort of patients with ICC, in addition to their association with clinicopathological factors and prognosis. Furthermore, the association of EMT status, based on the number of expression changes to EMT markers, with clinicopathological factors and prognosis was also investigated to determine the clinical significance of EMT in ICC. To the best of our knowledge, this is the first study to evaluate the clinical role of EMT,
taking into consideration the expression of several EMT proteins in ICC.

E-cadherin is expressed in the membranes of epithelial cells and serves a vital role in cell adhesion and movement (22). The loss of E-cadherin expression promotes the migration and invasion of tumor cells, and is a critical step of EMT in the development of malignant carcinomas (23). A number of transcription factors, including Snail, Slug, Twist, Zeb1 and Zeb2, induce EMT by downregulating E-cadherin, and upregulating mesenchymal factors, such as N-cadherin, Vimentin and S100A4, through a number of different signalling cascades, such as the signal transducer and activator of transcription 3, mitogen-activated protein kinase and Wnt pathways (8-10,24).

In the present study, the downregulation of an epithelial marker (E-cadherin) and the upregulation of mesenchymal markers (Vimentin, N-cadherin and S100A4) were detected. The EMT transcription factors Snail and Slug were also highly expressed in ICC tissue samples. These representative characteristic changes confirmed the occurrence of EMT in ICC tissue. Furthermore, survival analysis showed that reductions in E-cadherin expression, and increased expression of S100A4 and Snail was associated with significantly shorter overall survival time.

S100A4 is a typical fibroblast marker of EMT; furthermore, it is involved in the regulation of various biological processes, including cell proliferation, extracellular matrix remodelling,
cell motility, cell detachment and angiogenesis (25). S100A4 expression has been reported to be significantly associated with cancer aggressiveness and a worse prognosis for patients with several types of cancer, such as pancreatic, bladder, gallbladder, breast, ovarian, colorectal and gastric cancer, and non-small cell lung carcinoma, and may be a useful marker of metastatic potential with prognostic significance (26). S100A4 expression has also been reported to increase the invasiveness and metastasis of cholangiocarcinoma in vitro and in vivo (27). In our previous study, the high expression of S100A4 was identified as an independent predictor for reduced overall survival time in ICC (21). The outcomes in the present larger scale study were consistent with the aforementioned studies.

Among the EMT transcription factors, the Snail family, including Snail and Slug, are the most extensively studied (28-31). Slug and Snail have been identified to serve key roles in the development of several types of carcinoma, including renal, breast, prostate and ovarian carcinomas (28-31). The Snail family facilitates the metastatic potential of tumors by promoting cell migration, inhibiting cell-cell adhesion and enhancing tumor invasiveness (32). The overexpression of Snail potently inhibits the expression of E-cadherin and induces EMT (33,34). The inhibition of Slug expression by RNA interference is associated with upregulated E-cadherin expression and decreased cell invasion in vitro (35). In patients with ICC or hilar cholangiocarcinoma, high expression of Snail was reported to be associated with aggressive tumor characteristics and poor prognosis (16,32). In ICC, the expression of Slug has been associated with lymph node invasion, lymphovascular invasion and distant metastasis, as well as acting as an independent indicator of poor prognosis (36). In the present study, the increased expression of Snail was associated with reduced overall survival for patients with ICC following surgical resection. However, we reported that upregulated Slug did not predict the unfavorable survival outcomes for patients with ICC.

Other EMT-associated proteins, such as β-catenin, N-cadherin and Slug, have also previously been identified as reliable prognostic indicators and indicators for the likelihood of tumor invasion in many types of cancer, including ICC (15). However, only the E-cadherin, S100A4 and Snail expression levels were observed to be associated with poor survival in the present study. The differences in sample size, antibodies used, patient characteristics, follow-up periods and immunohistochemistry cut-off values could account for the differing results (17). The combined detection of EMT proteins could decrease the likelihood of bias. In addition, EMT proteins may interact with each other during cancer progression (19). The detection of the co-expression of EMT proteins would therefore be expected to have greater prognostic value than any single EMT protein. Therefore, in the present study, the association between the expression of a combination of EMT-related proteins with the clinicopathological features and prognosis of patients with ICC was determined. The frequency of EMT proteins dysregulation was used to reflect the EMT status in each tumor sample. Patients with a higher number of EMT protein alterations were more likely to exhibit lymph node metastasis and a higher TNM stage, as well as poorer overall prognosis. The results collectively demonstrated that EMT is a key step in the progression of ICC.

In conclusion, the reduced expression of E-cadherin, and the increased expression of Snail and S100A4 were significantly associated with reduced overall survival time for patients with ICC after curative resection. The EMT status, based on the number of alterations in the expression of EMT-related proteins, was associated with ICC progression, and may serve as an independent prognostic indicator for ICC. Further investigations regarding the upstream or downstream factors of EMT in different mechanisms could provide the basis for the identification of diagnostic markers and potential therapeutic targets for ICC.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions
XT and CZ were responsible for study concept and design. XT, ZC, QD and ZL performed the experiments. QD and ZL analysed the data. XT and CZ wrote the present manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate
The study was approved by the Institutional Ethics Committee (Shandong Provincial Hospital Affiliated to Shandong University), and informed written consent was obtained from each patient.

Patient consent for publication
Written informed consent was obtained from each patient to publish the present study.

Competing interests
The authors declare that they have no competing interests.

References


